City of Edmonds Parks, Recreation & Cultural Services

FITNESS & WEIGHT ROOM RULES & REGULATIONS

- HOURS: Monday-Friday 8:30am-8:30pm, Saturday 9am-2pm. See front desk for holiday closures.
- Prior to weight room use all patrons are required to <u>pay the daily fee</u> and <u>sign in</u> at the front desk.
 Subsequent visits on the same day require additional payment; sign in each time.
- Door combination is given at sign in.
- Keep door closed during all hours. Do not prop open door or let anyone in who is knocking.
- Please wipe-down all machines after each use.
- Return weights and equipment to proper racks.
- For sanitary reasons, proper attire must be worn at all times. Shirt and closed toe shoes are required. No open toed shoes permitted.
- Please keep TV channels and volume at a respectable level.
- Under NO conditions are children allowed in the weight room (this includes infants and toddlers).
 Users must be at least 16 years old.
- The weight room cannot be used for business or private enterprise purposes.
- Report all equipment/facility irregularities immediately to the front desk.
- Please enter and exit the facility through the front lobby. Please do not use the hallway exit door as it is for emergency use only.

The City of Edmonds Parks, Recreation & Cultural Services appreciates your cooperation and proper use of the weight room.