

# TENNIS & PICKLEBALL GUIDELINES DURING COVID-19



The Centers for Disease Control and Prevention (CDC) recommends social distancing to prevent the spread of COVID-19. For your safety, please keep **AT LEAST 6 FEET AWAY** from others.

## EFFECTIVE IMMEDIATELY

- **SINGLES PLAY ONLY!**

Doubles play is prohibited to promote 6' distancing.

- No congregating or lingering on or near the courts before or after play.
- Non-tennis/pickleball activities on tennis courts are prohibited.
- Do not play if you are exhibiting any illness symptoms or have been in contact with someone with COVID-19 over the last 14 days.

### The US Tennis Association also recommends the following:

- Play with a new ball and rotate new ones into play when possible.
- Avoid use of your hands to pick up balls when possible.
- Consider numbering / marking and picking up your own ball only.
- Do not share racquet or personal equipment.
- Stay on your side of the court; avoid changing ends of the court.
- Remain apart from other player when taking a break.
- Avoid physical contact like handshakes or high fives.
- Avoid touching gates, fences, benches and other court amenities.



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