

# How to be a beach hero



1. Handle animals gently—never pry them loose.
2. Step slowly and gently to avoid crushing animals.
3. Leave all rocks, shells, and driftwood—they're habitat!
4. Tell your friends and family how to take care of the beach



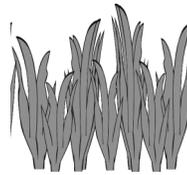
## MARINE SANCTUARY FIELD GUIDE



Bull kelp



Rockweed



Eelgrass



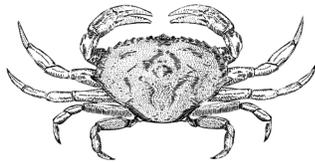
Sea lettuce



Anemone



Shore crab



Dungeness crab



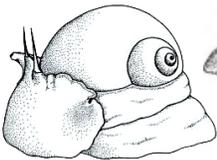
Hermit crab



Kelp crab



Barnacles



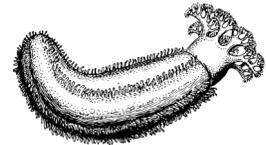
Moon snail and egg collar



Whelk



Sea star



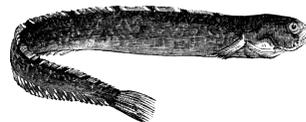
Sea cucumber



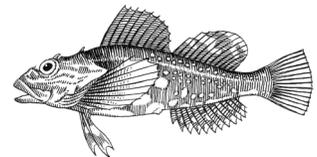
Cockle



Mussels



Gunnel



Tidepool sculpin