

Taming Bigfoot

Edmonds

Website

Training for the Competition

www.taming-bigfoot.org



A Fun Community Competition

Started **January 1st** and runs for 3 months

- Seven person teams
 - Live or work in greater Edmonds area
- Carbon footprint indicators
 - Utilities (heat, electricity, water, waste), transportation, food consumption, shopping
- Easy to use website, phone Apps and instructions
 - Plus manual tally sheet and information guide



Competition Timeline

January 4th, February 8th, March 8th

TBE team meetings (Thursday evenings)

- Share stories, ask questions, learn from each other
- Data entry ends **March 31st**

April 23rd

Taming Bigfoot Edmonds Awards Ceremony

- Get recognition for your efforts and win prizes!
- Share stories, celebrate!
- Enjoy good food and new friends!

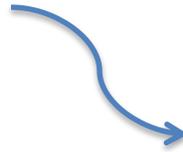


Taming Bigfoot Getting Started



- Three ways to connect to Taming Bigfoot for **Data Management**
 - Website - <https://www.taming-bigfoot.org/> Teams are invited to join the website by Taming Bigfoot.
 - Apps for both iOS (Apple) and Android devices will go live during the competition. Android is now available.
- Where to find **explanations, resource pages and help** - www.tamingbigfoot.edmondswa.gov – **Team Toolbox**

Initial Screen



- Contains Welcome Message
- A brief Description
- And most importantly... the

Sign In / Sign Up



Welcome to the Taming Bigfoot™ Carbon Footprint Calculator

Knowing how much carbon dioxide each of your everyday actions emit is the first step to reducing them and working more effectively toward a sustainable future

This app will convert a number of common things you do to the amount of greenhouse gas they cause. Over time, it will allow you to see how your recent actions compare with past actions and the actions of friends who have shared their account information with you.

Sign In / Sign Up





Getting Registered

Tap on the Register button

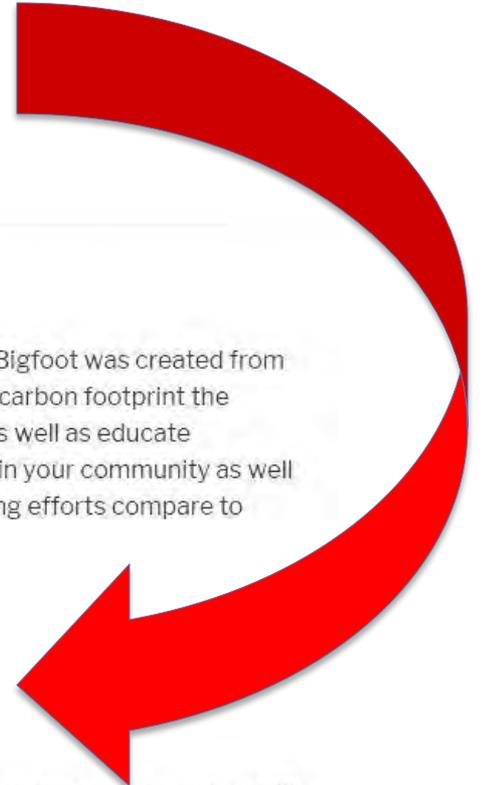
[Home](#) [MyData](#) [Report](#) [Competition](#) [Settings](#) [Log In](#)

Taming Bigfoot Competitions

Cooperating and competing with others helps make reducing your carbon footprint fun! Taming Bigfoot was created from the concept of forming teams that then compete against each other to decrease their collective carbon footprint the most. By engaging local businesses to support the activity, Taming Bigfoot helps to strengthen as well as educate communities. This web site contains information on how to set up a Taming Bigfoot competition in your community as well as provides the interface to allow individuals and teams to see how their carbon-footprint reducing efforts compare to their competition.

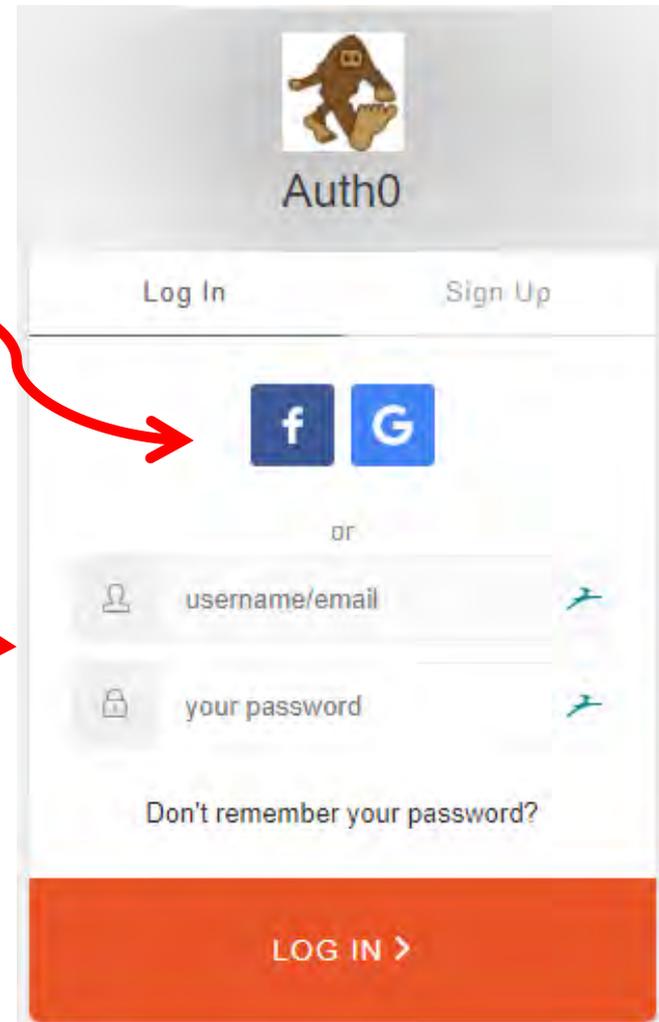
Register

By registering, your data remain private and are not viewable by others. If you choose to delete your account, your data will be removed from the database. Taming Bigfoot, it's online calculator, mobile app and artwork are all registered trademarks of Local 20/20 of Jefferson County, Washington.



And end up here

- You can sign in via Facebook or Google.
- Create your own username and password.
- **Whichever one you pick you must only use that to sign on with.**





Start by Entering Your Personal Information

- In Settings....
 - Enter your name it may be there already
 - Pick your competition (Edmonds)- likely already there
 - **And most importantly how many people in your home.**
- The number of people in the home will allow you to track your personal carbon not the household values.
- Team Name
 - May be assigned or Picked if already created.
 - We would really like you to pick your own creative team name so make this your very first task.

TAMING BIGFOOT
Track your Carbon Usage

Home MyData Report Competition **Settings** Log Out

SETTINGS

Name:

Home location:

Household size:

Once Signed In You Are Good To Start Entering Your Information



- Click on MyData
- “Add New Data”
- You can also see past data by using this section.

Home MyData Report Competition Settings Help Log Out

MY DATA

No data found.

Add New Data

Show All

Specify date range:

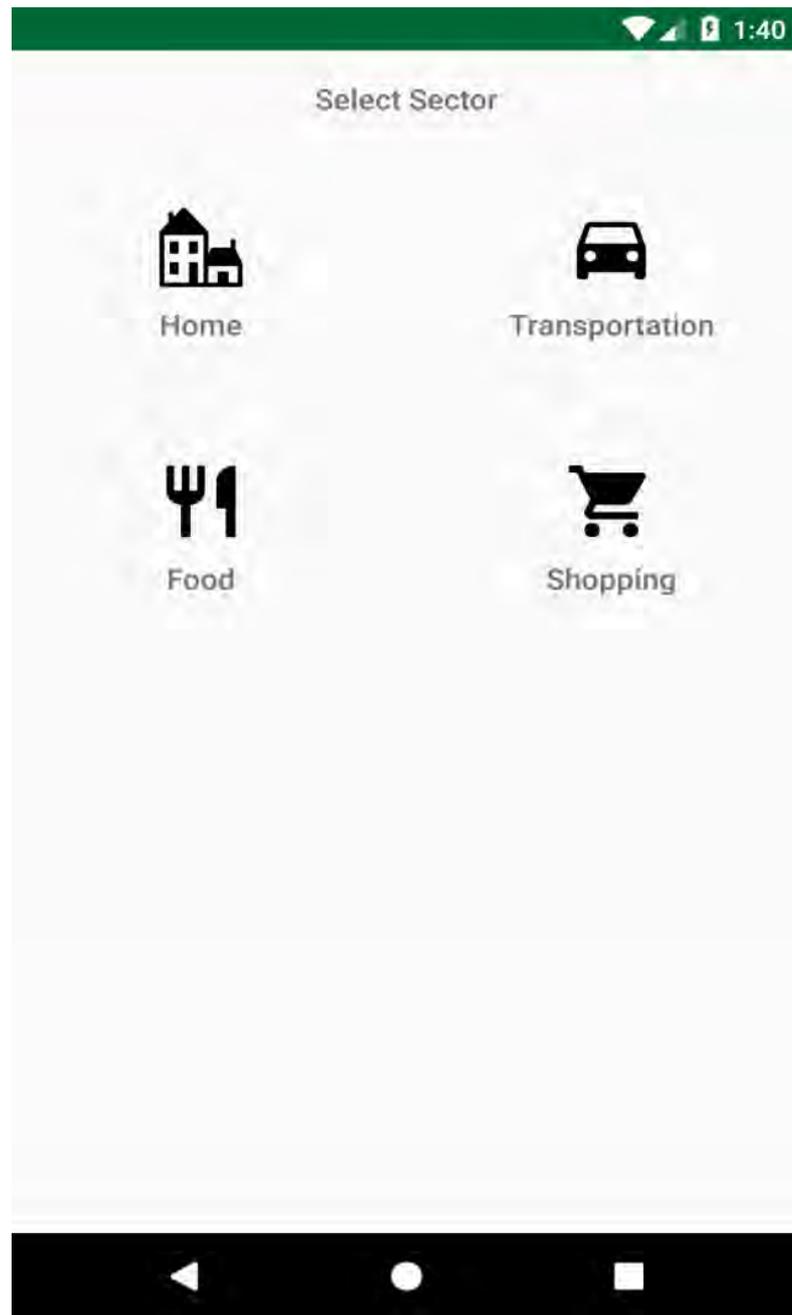
to

Search

Entering Data

Select which Data to enter

- There are four Sectors
 - Home includes energy, water and garbage.
 - Transportation includes all your travel
 - Food includes what you eat
 - Shopping captures important items for clothing.
 - New clothing means new-to-you and therefore includes purchased used clothing





Top of the Data Entry Pages

- Input the date that the data applies to.
- If it was for gasoline, for ex-ample, pick the date you purchased it.
- **This is NOT the date you enter the information.**
- The Date appears on most screens.

TRACK

Home Energy
Transportation
Food
Shopping

Date: 12/6/2017

Household size:

2

At Home

Energy, Water and Garbage

Competition Runs from January 1st 2018

- Start date readings
 - If you haven't already read your meters asap.
 - **Store the information separately as your starting point. You don't enter it here.**
 - When you read meters again on February 1st you will have two readings to get the usage from.
 - **Correct your January reading by dividing the difference in the two reading by the number of days between them, then multiply by 31.**
- Likely a new experience for all so **practice** ahead of the start date

The screenshot shows a web application interface with a navigation bar at the top containing links for Home, MyData, Report, Competition, Settings, and Log Out. Below the navigation bar, there is a section titled "Energy" with a list of energy types and their corresponding units, each with an input field for data entry:

- Electricity: kWh
- Natural gas: CCF
- Heating oil: gal.
- Propane: gal.
- Wood: cu. ft.
- Wood pellets: lbs.

At Home

Energy, Water and Garbage

Challenges will include:

- Where are my meters for gas, electricity and water?
- How do I read the meters?
- Go to the HELP menu or
- Check the Team Tool sheet at the [resource website](http://www.tamingbigfoot.edmondswa.gov) for help.
- My heating oil/propane tank doesn't have a meter.
 - Does anyone have an oil or propane tank?

The screenshot shows a web interface with a navigation bar at the top containing links for Home, MyData, Report, Competition, Settings, and Log Out. Below the navigation bar is a search input field. The main content area is divided into two sections: 'Water' and 'Garbage'. The 'Water' section includes a checkbox for 'private septic' and a text input field labeled 'Water:' followed by 'ccf.'. The 'Garbage' section includes a text input field labeled 'Non-recycled garbage:' followed by 'lbs.'. A green 'Submit' button is located at the bottom of the form.

Transportation

Lots of Options to pick from.

- Private vehicles
 - Track your fuel purchases
- Carpools, Vans, buses, trains and planes.
 - Track your miles
- Carbon offsets are for flights only and need supporting documents (receipts). No need to submit them, we trust you!

Date: 12/6/2017

Private

Gas:

Diesel:

Bio-diesel:

Shared

Carpooling:

 miles

Shuttle/Van

Service:

 miles

Bus:

 miles

Urban light

rail:

 miles

Trains:

 miles

Ferries:

 miles

Airplane:

 miles

Carbon

offsets:

 lbs.

Submit

Food

What you eat and its impact

- Three groupings for protein
- Locally purchased foods
 - Some stores show that on the label (PCC)
 - Organic foods are generally pretty clearly labelled (and priced)
 - For each time you shop
 - Record your total bill
 - And estimate the % that applied to both Local and Organic

TRACK

Home Energy
Transportation
Food
Shopping

Date:

Beef or lamb: number of 4oz. servings

Pork or turkey: number of 4oz. servings

Chicken or fish: number of 4oz. servings

Local food: % of \$ spent on food

Organic produce: % of \$ spent on produce

Submit

Clothing and Printed Materials

- Clothing is “**new to you**” which may be reused clothing, recorded in \$.
- Printed materials will catch newspapers, magazines and books, both hard and paper backs, in \$

TRACK

Home Energy
Transportation
Food
Shopping

Date: 12/6/2017

New clothing: \$ spent

Printed newspapers and books: \$ spent

Submit



Checking My Data

So how am I doing..

- Edmonds competition is running monthly so select dates carefully to see your month to month progress.
- This data is fictional....

GENERATE YOUR CARBON EMISSIONS REPORT

Reporting period:

12/01/2017 to 12/09/2017

Compare to:

- Don't compare
 Specify date range

Generate Report

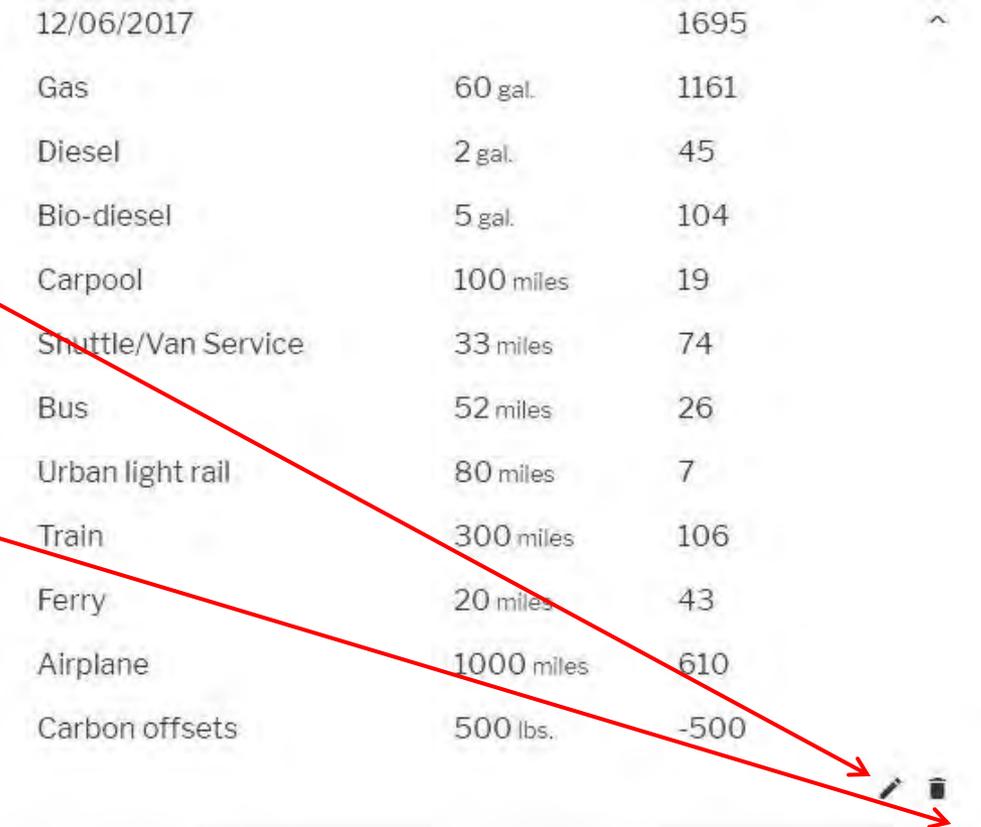
Sector	CO ₂ lbs.	Percent of total	
home	749	28.5%	^
electricity	91	3.5%	
natural_gas	279	10.6%	
heating_oil	149	5.7%	
propane	189	7.2%	
water	3	0.1%	
wastewater	27	1%	
garbage	11	0.4%	
transportation	1695	64.4%	v
food & shopping	186	7.1%	v
Total	2630	100	



Sector Entry Edits

Tapping on a row in My Data will display the details of that data entry.

- To edit Data select the pencil icon.
- To delete all data on the selected line select the Trash Icon. I would be surprised if anyone needed that.



A screenshot of a mobile application interface showing a list of transportation sectors. The list is displayed in a table format with columns for the sector name, units, and a numerical value. At the bottom right of the list, there are two icons: a pencil icon for editing and a trash can icon for deleting. Two red arrows point from the text on the left to these icons.

Date	Sector	Units	Value
12/06/2017			1695
	Gas	60 gal.	1161
	Diesel	2 gal.	45
	Bio-diesel	5 gal.	104
	Carpool	100 miles	19
	Shuttle/Van Service	33 miles	74
	Bus	52 miles	26
	Urban light rail	80 miles	7
	Train	300 miles	106
	Ferry	20 miles	43
	Airplane	1000 miles	610
	Carbon offsets	500 lbs.	-500

Communications

How We Plan to Chat With You

- Remind App – www.remind.com
- Go to www.remind.com/join and when asked give it your TEAM (class) Code. Your Team code is at your team table.
- Taming Bigfoot Team can then send you messages
- You can communicate with your other team members
- Taming Bigfoot Team can remind you of routine functions and reporting.
- You can ask questions
- This is different from the Taming Bigfoot APP where you will be able to see your team's progress.

Have lots of Fun!

