



Meadowdale Preschool Newsletter

October 2016

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Dates to Remember:

October 1
Tuition Due

October 18
Field trip to
The Farm

October 31
Pajama Party – wear your
pajamas to school today for our
pajama party!

Color Days
October 3 – Yellow
October 13 - Orange
October 20 - Green
October 27 - Purple

October Themes:

Emotions
Fall/Harvest
Family

Letters:
Oo, Gg, Pp

Great Start

We are off to a great start and everyone is to be congratulated on the “phasing-in” process. Thank you!

At Meadowdale Preschool one source of communication between our students and their families is our newsletter & notices. These are sent home to each family in our school. General information for all families is included as well as some helpful “tidbits” when it comes to our young children.

Remember to check those tote bags for daily projects or notices. Thanks!

Encouraging Less Illness & Less Disruption

Please be sure to have your child use the bathroom and **wash hands** before coming to class. Thank you!



Color Days

Parents – great job helping your preschooler bring in a colored item on our colored days. We have four color days in the month of October. Remember that the items sent in are kept through the end of November.



Field Trip

Our autumn field trip is scheduled for October 18. A separate note will be sent home with details regarding our trip to The Farm (Swan Trails) in Snohomish.

Please remember that the classroom is not open on field trip days. Preschool staff will meet students and families at the field trip location.

Wish List

- * Stickers (any theme)
- * Clean or new toddler socks (mismatched is ok)

Pajama Party

In lieu of a costume party on October 31st, we will be having a Pajama Party. This is a fun time for our preschoolers and a day full of giggles because we all show up in our PJ's – so keep your eyes open for more information!

Address

Our physical location at Meadowdale Preschool doesn't receive daily mail or deliveries. Please send any mail to: Meadowdale Preschool, City of Edmonds, Parks & Recreation Department, 700 Main Street, Edmonds, WA 98020.

Website

Remember, you may view our newsletter, Snack & Show-n-Tell Calendar and Notes to Parents on our website.

Open House

Plan ahead – the evening of Wednesday, November 9th is the scheduled date for our preschool Open House. More information will be sent home during the middle of October.

“How was school?” without actually asking “How was school?” (Simple Simon and Company website)

1. What was the best thing that happened at school today? (What was the worst thing that happened at school today?)
2. Tell me something that made you laugh today.
3. If you could choose, who would you like to sit by in class? (Who would you NOT want to sit by in class? Why?)
4. Where is the coolest place at the school?

Emotions

Kindness means “treating others in a caring, respectful way”.

So how do children learn to be kind? They learn from our words and actions. Kindness is a positive value that will help your child today and in the future.

Parents are an important role model for their children. The way you treat your child influences the way he or she treats others. Be kind, talk about kindness and point out kind behavior. Here are some ways to help your child develop kindness:

Show your love: smile often and give lots of hugs.

Praise your child: be specific – “Thanks for helping your little sister clean up!”

Spend time with your child: Spend at least 15- 20 minutes alone with your child daily. Do something he or she enjoys.

Pay attention: listen carefully to what your child has to say.

Give responsibilities: this helps your child feel important and learn to be a part of a team.

Be careful with criticism: Don't overreact if your child acts unkind. Gently explain what he or she did wrong and give clear examples of what behavior you expect.

Independent Skills

While it is sometimes hard to let our young children become independent, please be reassured that your children are capable and really want to perform their responsibilities.

It is important to work with your children at home to help build confidence with their independent skills. We understand that some skills are a bit tricky, but we ask that you help them understand the importance of trying the task themselves first (*especially coats*) – and then asking for adult assistance.

When our young children begin to take on a little independence – both parent and child are proud and it helps everyone save some time when trying to get things done! ☺

